

**Patient Collection Instructions**

**SEMEN ANALYSIS – FERTILITY**



**Patient:** Please read this instruction sheet. If you have any additional questions about collection of your sample, please call 317-776-7379. After hours, please call (317) 776-7241.

**Why do I need these instructions?**

Your physician has ordered a test that requires a semen sample. Following these instructions will help ensure the accuracy of the test.

**Where do I need to collect my sample?**

The sample can be obtained at home.

**What do I need to collect this sample?**

A sterile container provided by the physician or laboratory. Information on form below must be completed and returned with sample.

**Is there anything I need to know before I collect this sample?**

Abstain from ejaculation for a minimum of 2 days, but not longer than 7 days, before collecting the specimen, unless the physician specifies otherwise. Do not use lubricants as many lubricants can kill sperm. Avoid vaginal and oral secretions which will contaminate your specimen.

**How do I collect this sample?**

Wash your hands and genital area with soap. Rinse thoroughly so all soap is rinsed away (Soap will kill sperm). Open container. Masturbate to ejaculation (Other methods of collection may compromise your specimen and you may be required to provide another one). Deposit all your semen into the sterile container. Do not touch inside of the container. Tightly secure cap onto container. Keep container upright. Wash your hands. Label the specimen container with your name, birth date, and collection date and time. Complete the information section below.

**Where do I take the sample?**

- The sample must be delivered to the Laboratory within 60 minutes (1 hour) of collection. A sample received more than one hour after collection will be rejected.
- **The specimen should be taken directly to the Outpatient Laboratory during Monday-Thursday from 7am to 2pm (specimens are not accepted the day before a holiday).** You then will be asked to go to Outpatient Registration to register.
- Maintain the semen specimen at a temperature as close to body temperature as possible. A specimen placed next to the body during transport usually ensures acceptability.

**Complete the following information:**

**Patient name:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_

**Collection Date:** \_\_\_\_\_

**Collection Time:** \_\_\_\_\_

**Number of days since last ejaculation:** 2 days 3 days 4 days 5 days 6 days 7 days Other: \_\_\_\_\_

**Was lubricant used?** Yes No

**Collection Method:** Masturbation Other: \_\_\_\_\_

**Did portion of ejaculate miss container?** No First part Middle part Last part